

WORLD MARKET FOR CONSUMER HEALTH

October 2020

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Introduction

Global Outlook

Leading Companies and Brands

Key Trends for Consumer Health During Coronavirus

Market Snapshots



INTRODUCTION

Scope

■ The Consumer Health Industry Overview provides a top-line industry overview of Data removed from sample Data removed from sample **Consumer Health** Content removed from sample Vitamins and Weight OTC Dietary Management and Wellbeing **Sports Nutrition** Supplements Content removed from sample Content removed from sample Content removed from sample Content removed from sample

INTRODUCTION

Key trends shaping consumer health

Trend	Expected long-term implications	Historic impact	Forecast impact
Booming immunity	Immunity functionality, which has emerged during COVID-19 as a central concern for global consumers, is set for strong forecast growth. The expansion of immunity into new formats, ingredients and positionings is likely to drive category innovation into the forecast period.	Moderate impact	Strong impact
Rising interest in general health	As immunity mainstreams, it will also raise focus on and interest in general health as a part of broader, holistic health considerations. During COVID-19, this effect has already occurred, with general health products such as multivitamins seeing strong growth. Expect that to continue in the near term.	Low impact	Moderate impact
Digital health's moment	Distancing and lockdowns accelerated forecast movement towards digital health, with telehealth in particular seeing significant rates of adoption in 2020. Increasing consumer comfort in these platforms is likely to generate connections with and interest in adjacent consumer health products.	Low impact	Strong impact
Further blurring category lines	Consumer health has been beset by category blurring for years now, and even the newest trends are accelerating this trend, with new immunity products blurring between sleep, stress, general health, digestive health, and anti-inflammation, among others. This trend will continue apace into the forecast.	Moderate impact	Strong impact
The rise of mental health	The sharp changes brought on by COVID-19 have stimulated a rising recognition of the mental aspects of healthy living, surging the demand for behavioural solutions as well as adaptogenic supplements. Given difficulties in changing the direct stressors in modern life, expect further development of products intended to meet these sensitive needs.	Low impact	Strong impact

COVID-19's impact on consumer health

Immunity demand set Limited movement and Leapfrogging into efor strong near-term lockdowns suppress commerce performance sales for many categories Content removed from sample Content removed from sample Content removed from sample



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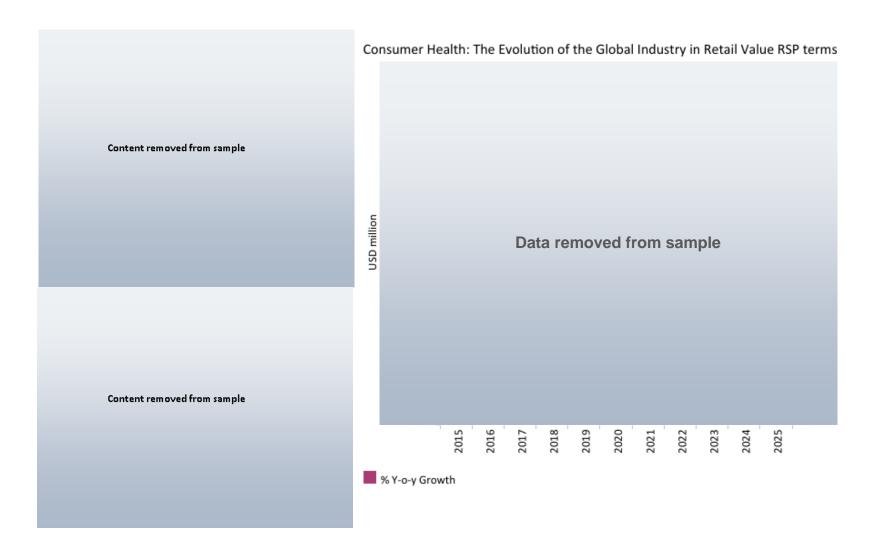


Consumer health in context

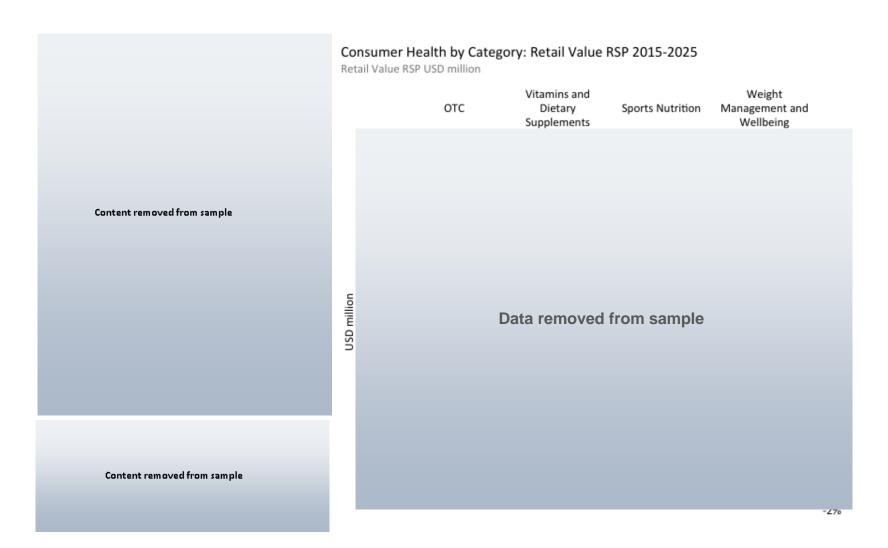
Wo	rld: Consumer	Goods by Ir	Apparel and Footwear Footwear Size a	Home and Graden Garden	Alcoholic Drinks Drinks	Soft Drinks	Beauty and Personal Care	Consumer Appliances	Consumer Health	Home Care
USD million				Data	removed fro	om sampl	e			

GLOBAL OUTLOOK

Global consumer health sees slight softening of growth in 2020



Effects of COVID-19 are starkly different among categories



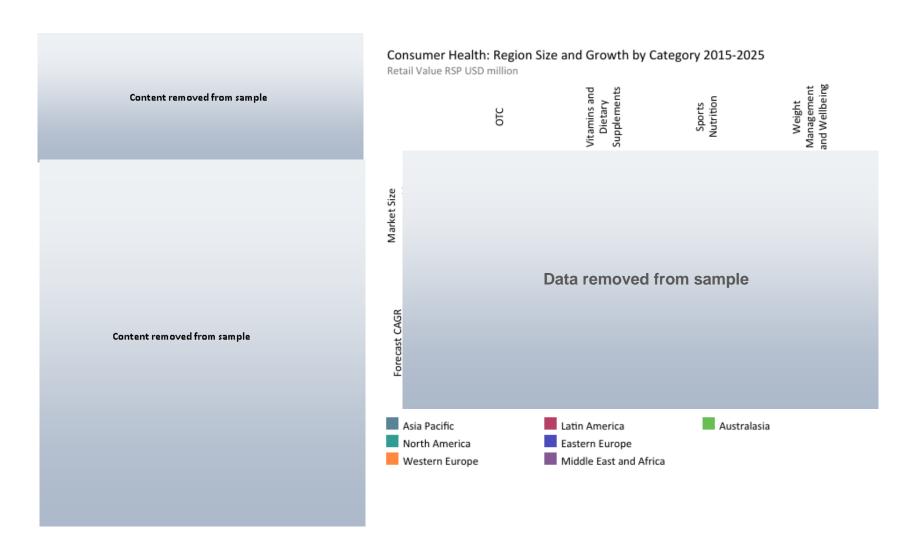
Despite 2020 decline, long-term growth of sports nutrition still strong

Consumer Health: Map Showing the Fastest Growing Category over the Consumer Health: Top 20 Markets 2020 USD million USD Per Capita/Per Household Historic Period in Each Market US Australia Finland Norway Japan Taiwan Switzerland Hong Kong, China Sweden Singapore Data removed from sample Data removed from sample Canada Italy South Korea Belgium Denmark Austria UK Germany New Zealand Ireland отс Sports Nutrition Vitamins and Dietary Supplements Weight Management and Wellbeing

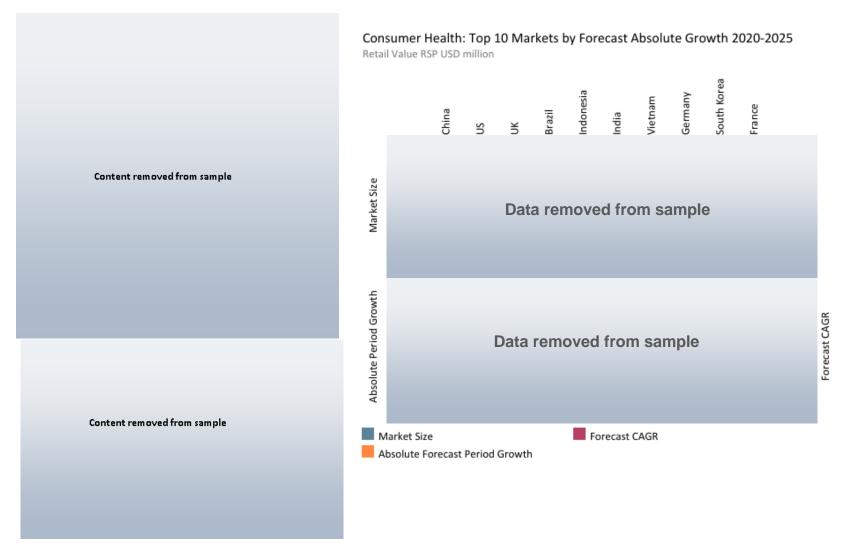
Asia Pacific's sales blip in 2020 unlikely to continue over the forecast



Parity of VDS and OTC tells different stories of the future of the industry



China rebound to lead Asia's consumer health resurgence in forecast



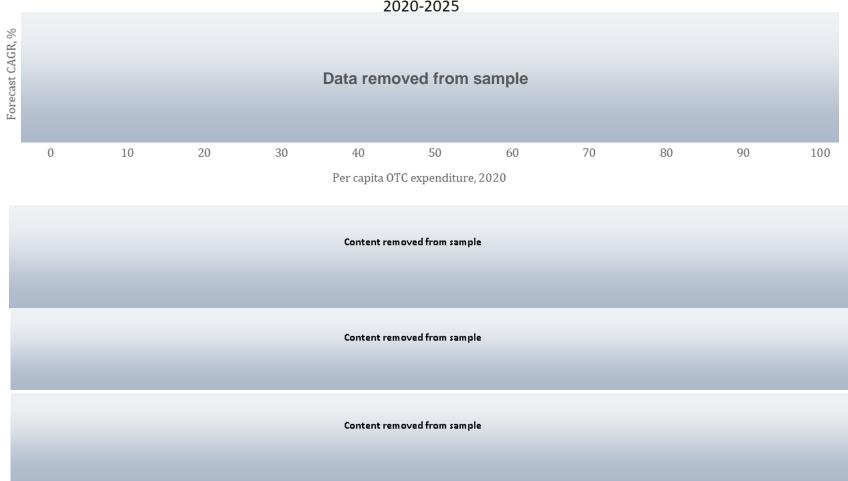
GLOBAL OUTLOOK

How to evaluate the global outlook for OTC drugs



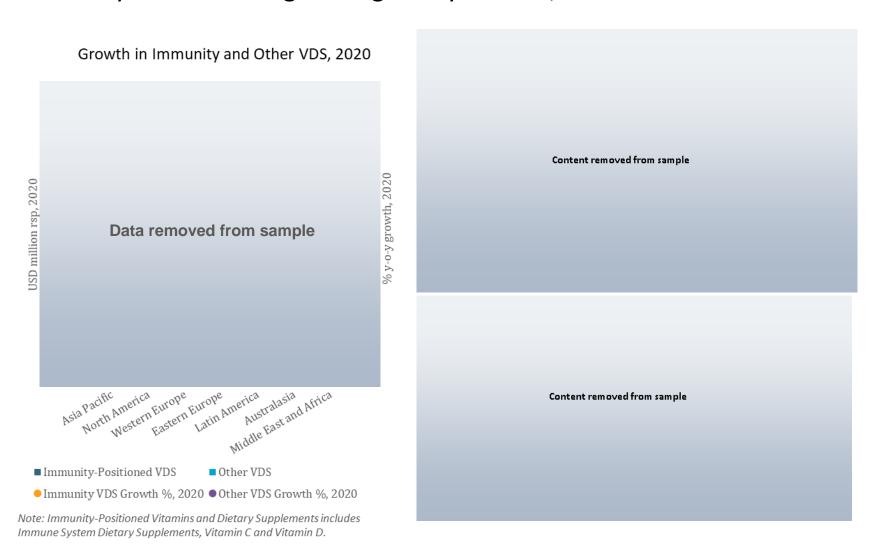
Despite COVID-19, OTC forecasts will eventually settle at historic norms





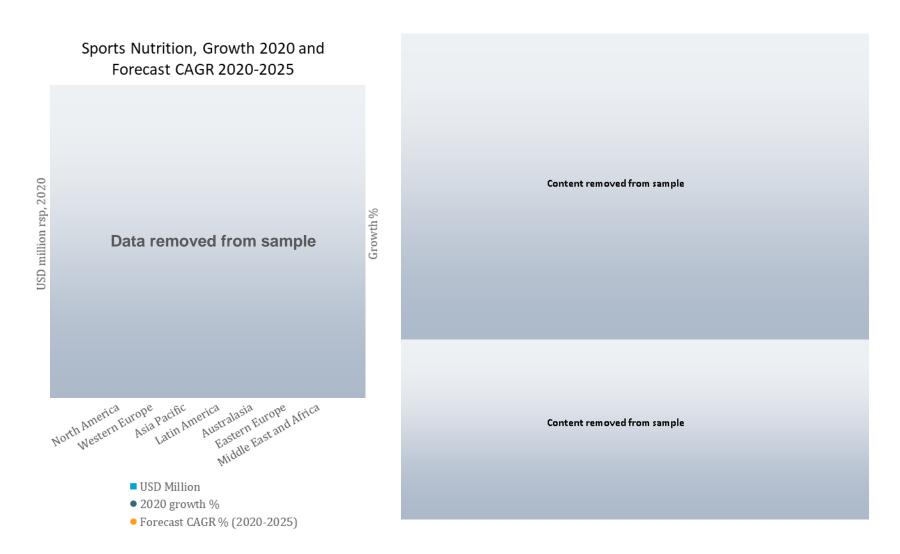
GLOBAL OUTLOOK

Immunity sustains VDS growth globally in 2020, but can it continue?

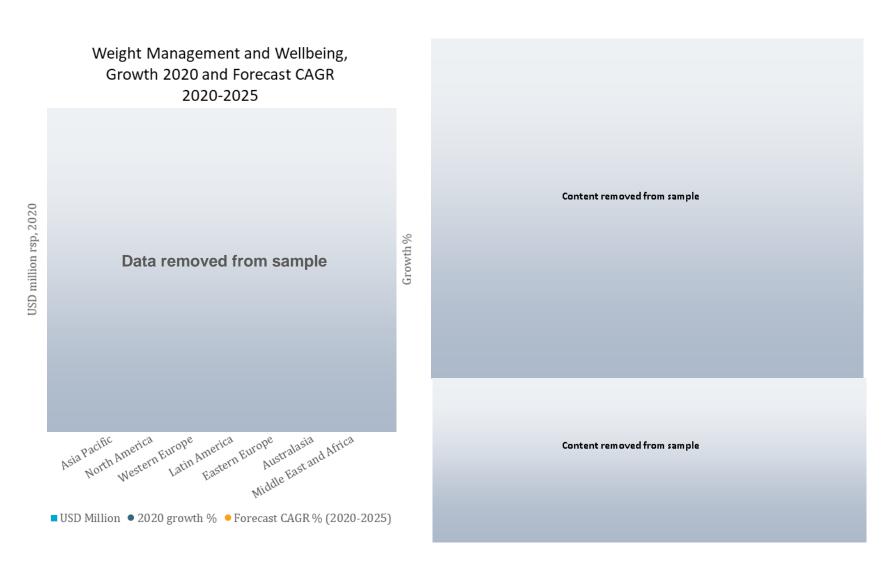


GLOBAL OUTLOOK

Sports nutrition suffers in 2020, likely to rebound quickly in forecast



COVID-19 not kind to weight management either, but rebound likely



GLOBAL OUTLOOK

Store-based shutdowns and social distancing push sales to e-commerce



Consumer health in 2025: Re-emergence of innovation and outreach

Leading Consumer Health Countries, Growth 2020, and Forecast CAGR 2020-2025 by Category Growth/CAGR% USD million rsp, 2020 Data removed from sample Consumer Health, 2020 • OTC Forecast CAGR % (2020-2025) VDS Forecast CAGR % (2020-2025) • Sports Nutrition Forecast CAGR % (2020-2025) • Weight Management and Wellbeing Forecast CAGR % (2020-2025)

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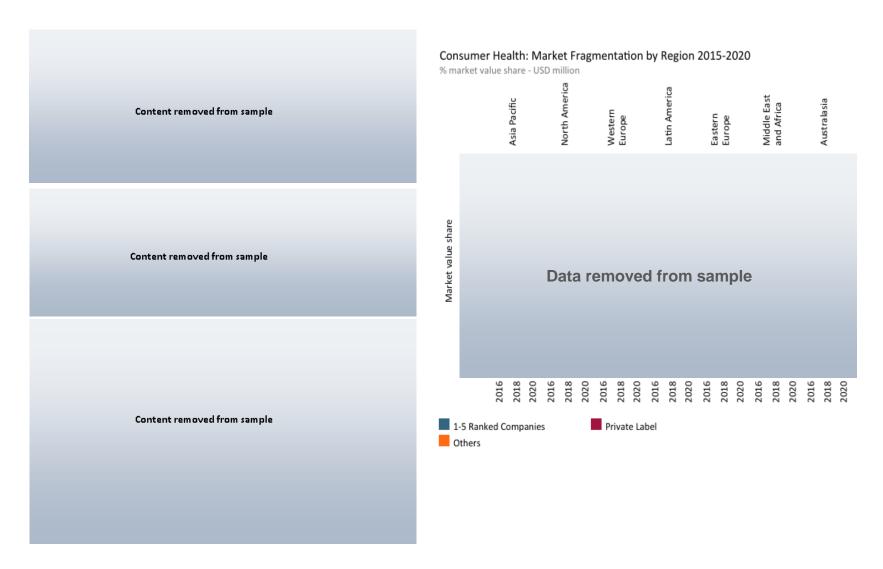
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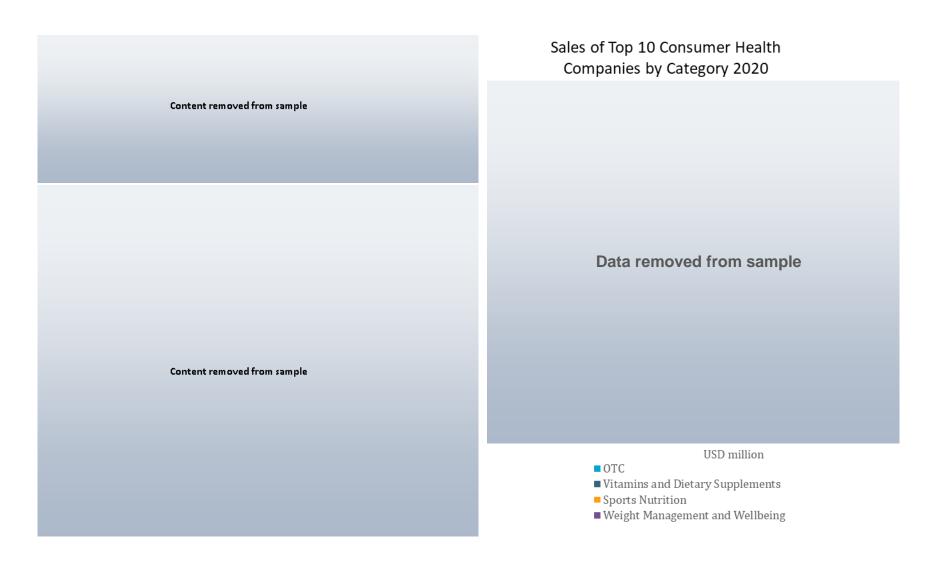
COVID-19 limits gains by upstarts, provides promising area for acquisitions



Performance in 2020 among leaders depends on COVID-19 compatibility

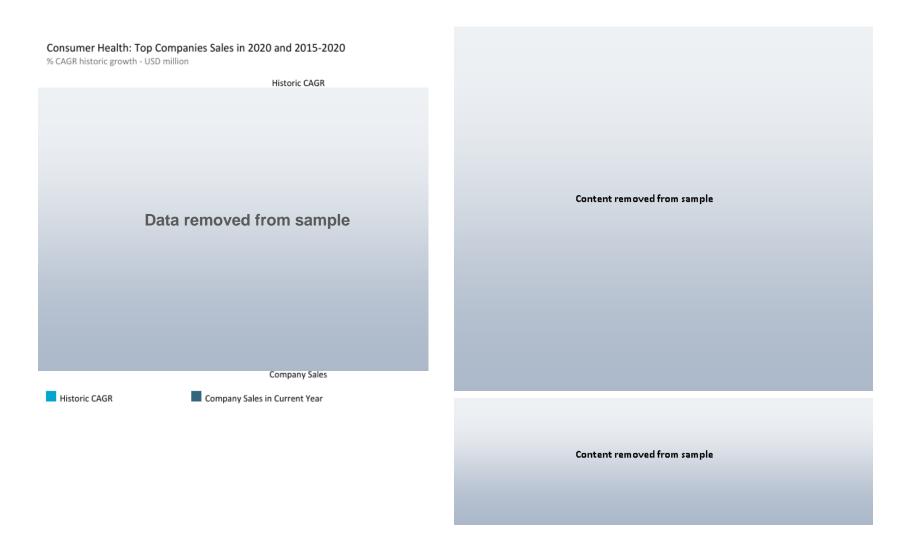


Portfolio diversification does not tell the whole story during COVID-19



LEADING COMPANIES AND BRANDS

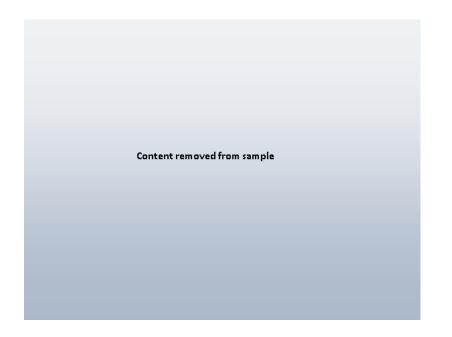
Top growing companies cluster in prevention categories



Market fragmentation: OTC products



Market fragmentation: vitamins and dietary supplements





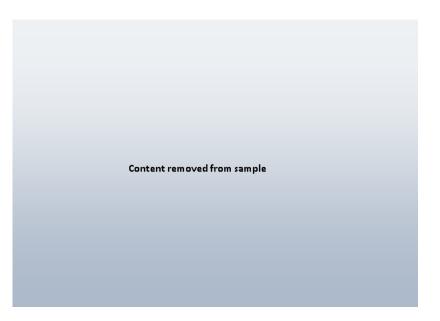




Top VDS Brands Retail Value Share 2020
Brand Company (GBO) % share

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Market fragmentation: sports nutrition



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Top Sports Nutrition Companies Retail Value Share 2020

Company (GBO) % share

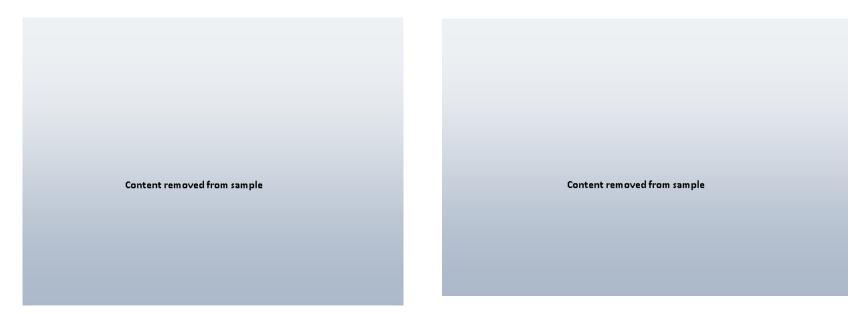
Data removed from sample

Top Sports Nutrition Brands Retail Value Share 2020

Brand Company (GBO) % share

Data removed from sample

Market fragmentation: weight management and wellbeing



Top WMW Companies Retail Value Share 2020

Company (GBO)	% value				
Data removed from sample					

Top WMW Brands Retail Value Share 2020

Brand		Company (GBO)	% value			
Data removed from sample						



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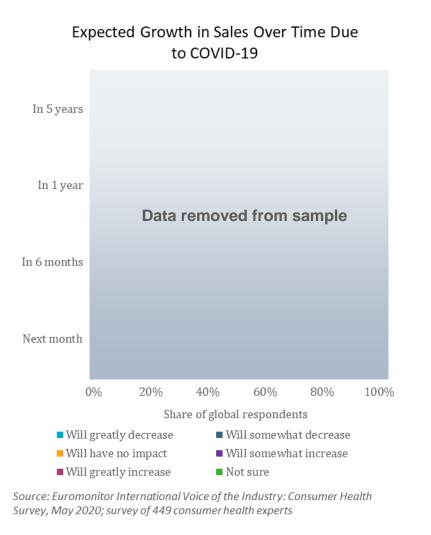
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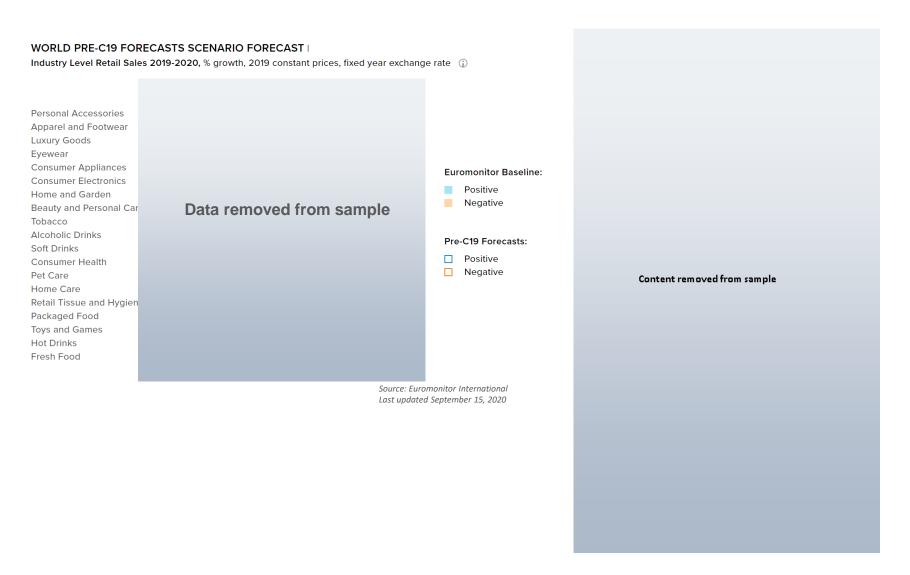


COVID-19 has broken industry consensus on future growth





Consumer health is among the industries most unaffected by COVID-19

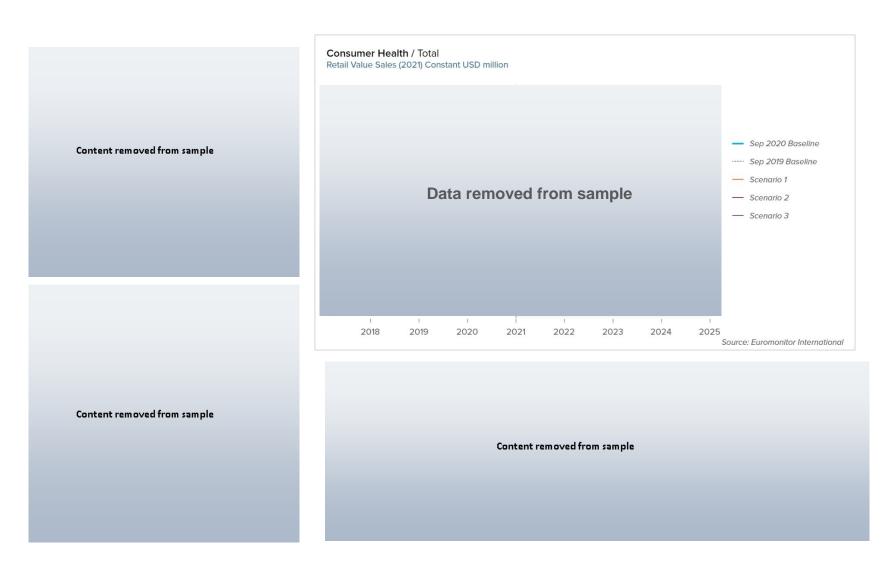


Revisiting the forecast for consumer health under future scenarios

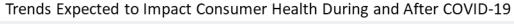
• Given the ongoing uncertainty with COVID-19, Euromonitor has built various likely scenarios of future growth. These scenarios have been adjusted and updated frequently since the outset of COVID-19, with the most recent showcased in this briefing from early September 2020.

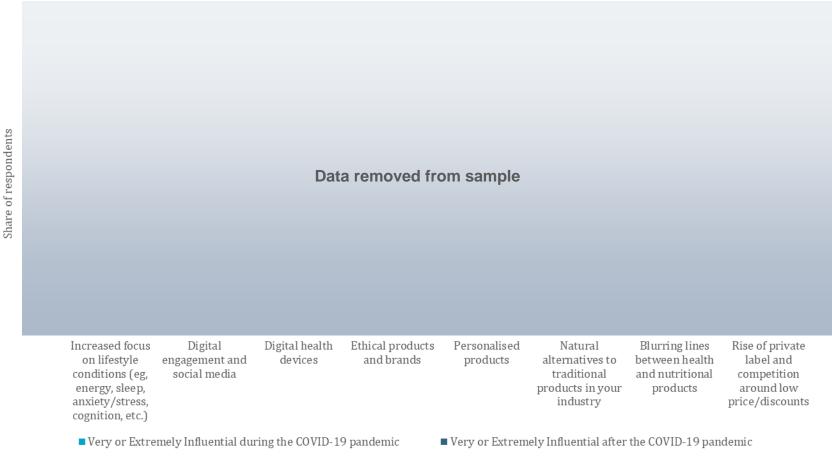
Pre-C19 Forecast	New Baseline	C19 Pessimistic 1	C19 Pessimistic 2	C19 Pessimistic 3
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Pessimistic scenarios shackle near-term growth prospects



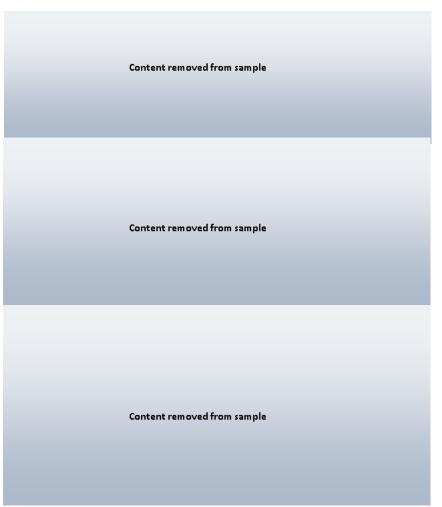
Euromonitor's Industry Insights Survey nods to near-term transformation





Source: Euromonitor International Voice of the Industry: Consumer Health Survey, May 2020; survey of 449 consumer health experts

How long will the movement to immunity last?



"How do you think consumers will change their shopping and spending behaviour as a result of the COVID-19 pandemic?": Buying more health and wellness-related products

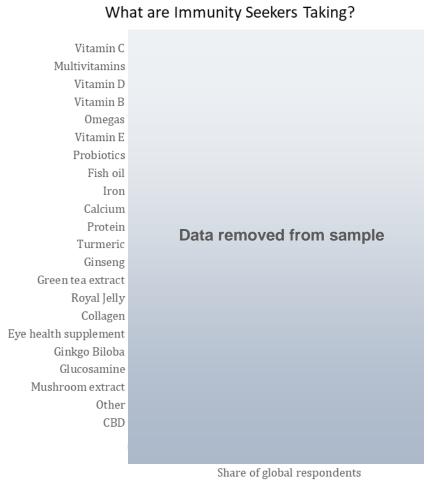
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Permanent Mid-term Short-term No change Not sure change change, but change only will (Q1 and Q2 eventually return to pre-crisis norms

Source: Euromonitor International Voice of the Industry: COVID-19 survey, April and July 2020, n=2,922 (April), n=1,448 (July)

Share of respondents

Near-term innovation in immunity likely



Source: Euromonitor International Health & Nutrition Survey 2020, n=6,918

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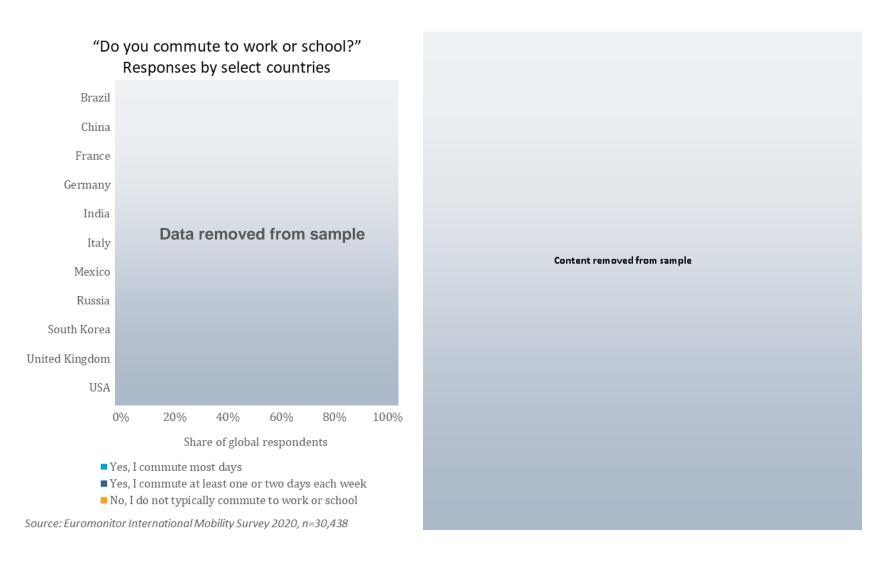
Distancing and limits to movement to constrain sales growth into 2021

Typical Mode of Commute, Global Results Personal car Public transportation Walk Ride in a friend or family member's car Take a taxi Use a ride-hailing service Motorcycle/moped Data removed from sample Bicycle Use a ride-sharing service None of the above Private shuttle Use a car-sharing service Electric bicycle (e-bike) Electric scooter Share of global respondents

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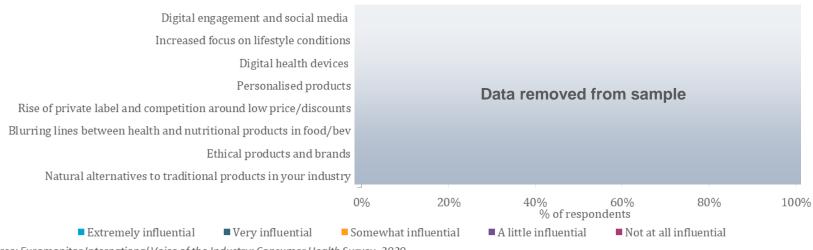
Source: Euromonitor International Mobility Survey 2020, n=30,438

Consumer health rebound tied to trajectory of COVID-19



Envisaging the future without COVID-19: Digital health

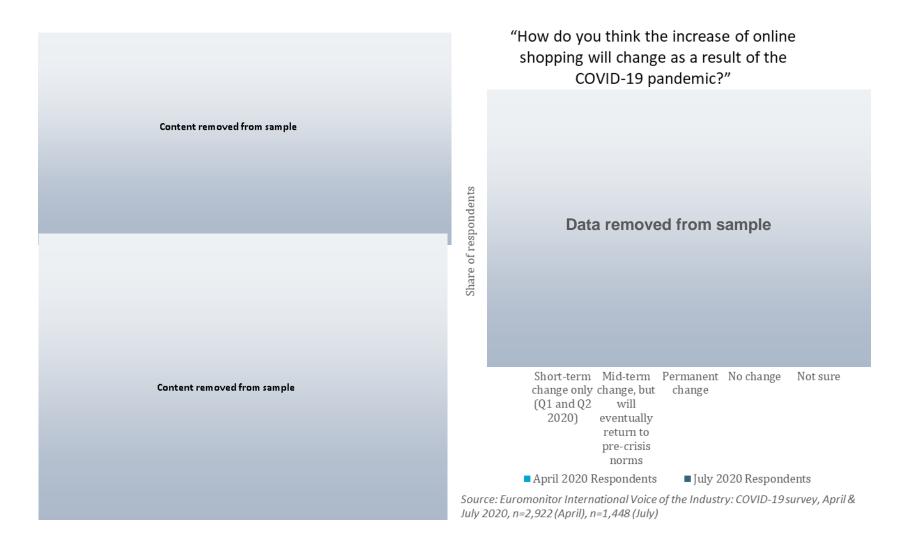
Trends Expected to Impact Industry After COVID-19



Source: Euromonitor International Voice of the Industry: Consumer Health Survey, 2020 Question: Please rate the level of influence you expect these trends to have after the COVID-19 pandemic.

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Envisaging the future without COVID-19: The evolution of e-commerce





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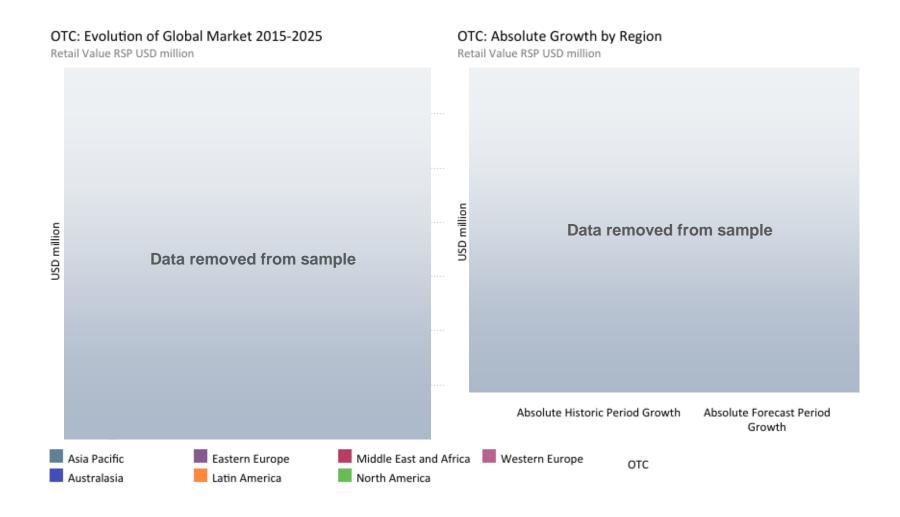
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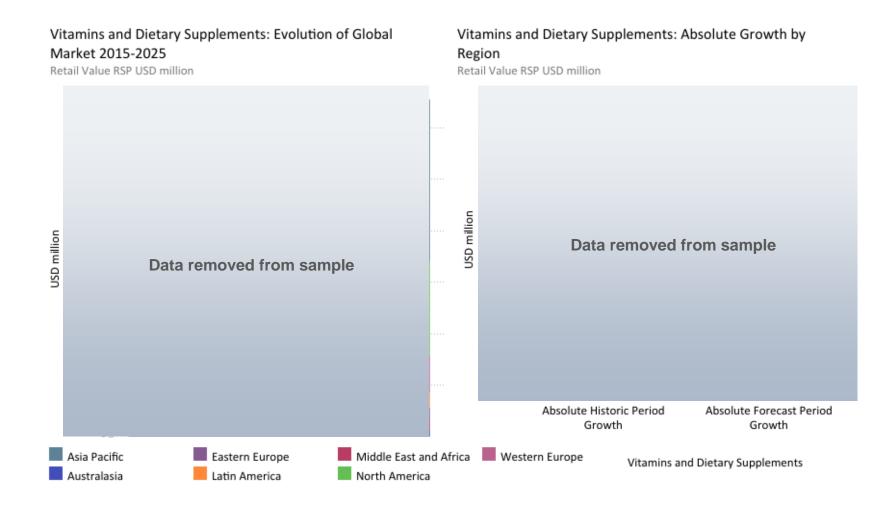
Market Snapshots



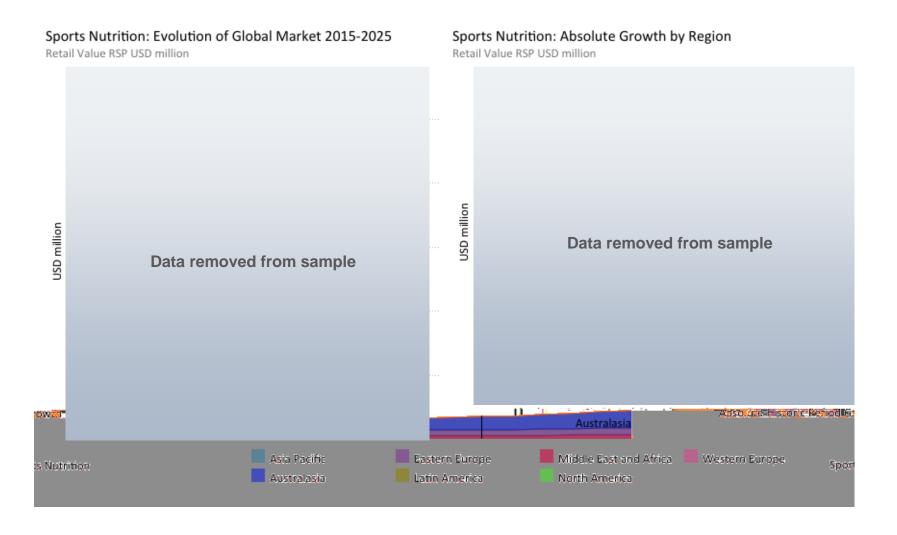
Global snapshot of OTC



Global snapshot of vitamins and dietary supplements



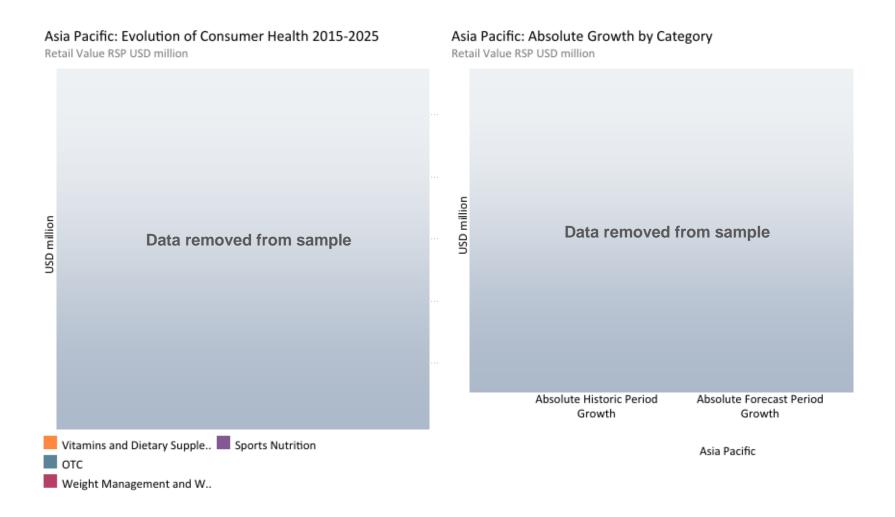
Global snapshot of sports nutrition



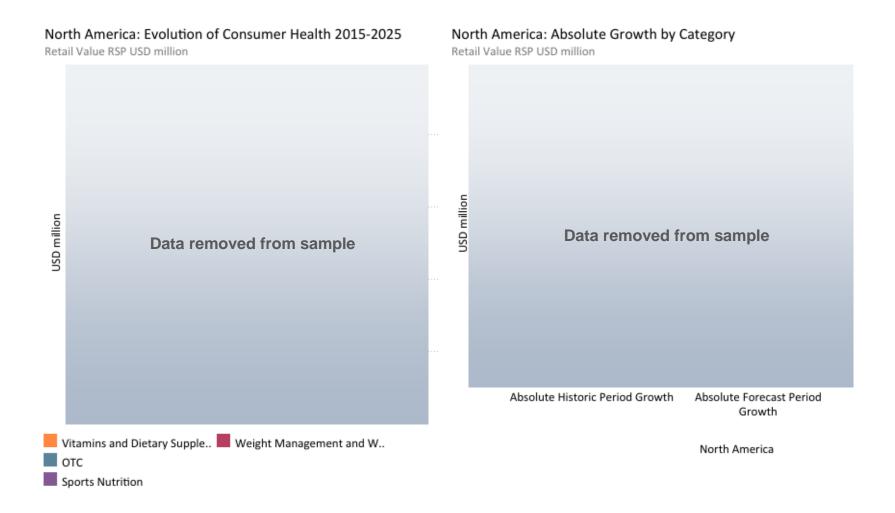
Global snapshot of weight management and wellbeing



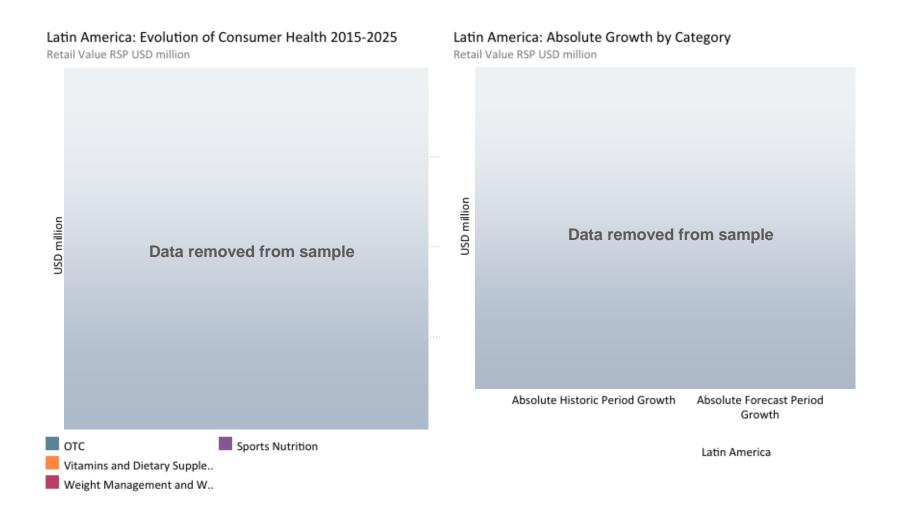
Regional snapshot: Asia Pacific



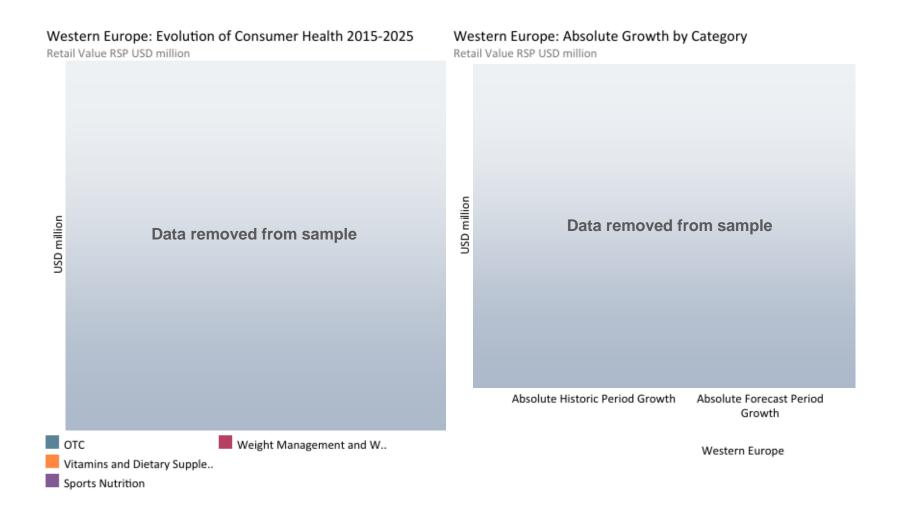
Regional snapshot: North America



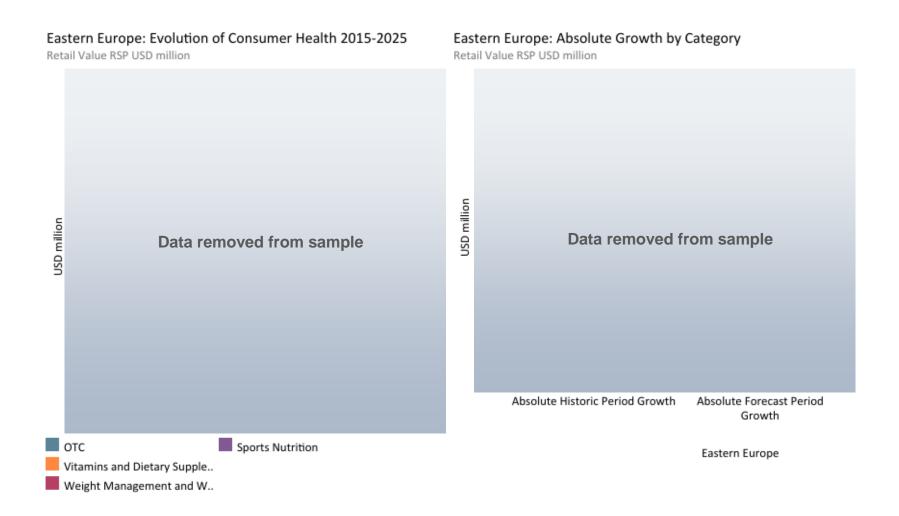
Regional snapshot: Latin America



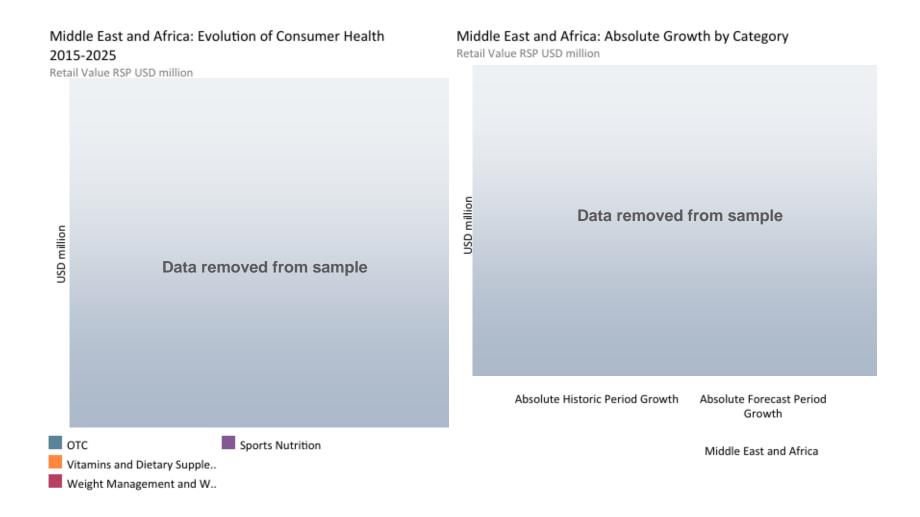
Regional snapshot: Western Europe



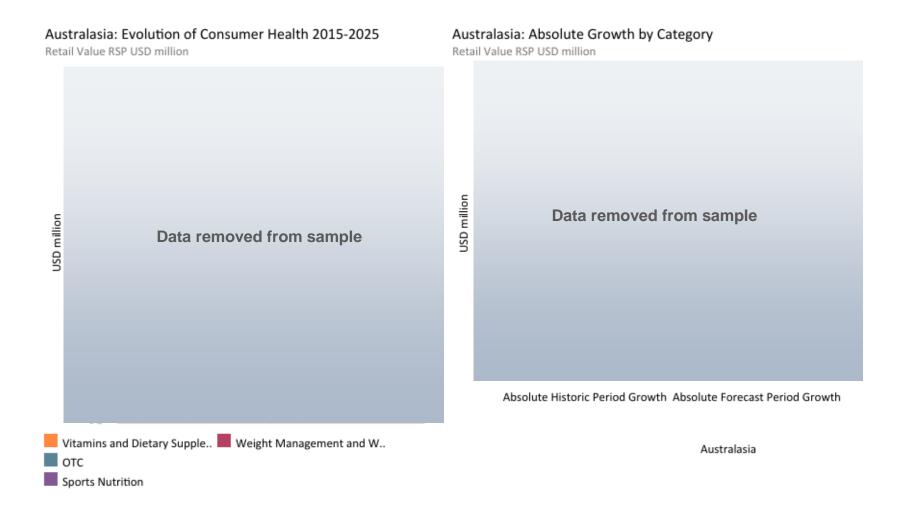
Regional snapshot: Eastern Europe



Regional snapshot: Middle East and Africa



Regional snapshot: Australasia



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